coverage as well as significant declines in the access to and quality of care.

As Medicare and the Older Americans Act reach their fiftieth anniversaries continue to improve aging America's access to affordable, high-quality care, it will be necessary to identify, evaluate, and scaleup policy interventions that work.

Today's health care workforce is inadequate to meet the needs of older Americans, many of whom have multiple chronic physical and mental health conditions and cognitive impairments.

10 percent of Harris Counties population is 65 years and older.

It is critical for the United States Congress to stand with aging seniors who need access to food, transportation, and other basic services.

Mr. Speaker, I urge my colleagues to join me in supporting H.R. 4334 to help older ensure that aging seniors are provided with essential services they need to live independently.

#### REVEREND SUAREZ

### HON. FRANCIS ROONEY

OF FLORIDA

IN THE HOUSE OF REPRESENTATIVES Tuesday, October 29, 2019

Mr. ROONEY of Florida. Madam Speaker, I rise today to honor Reverend Israel Suarez for his over 40 years of community service to Southwest Florida. Reverend Suarez is the founder and CEO of Nations Association Charities. Reverend Suarez and Nations Association have given four decades helping disadvantaged residents and youth in Southwest Florida by providing food for struggling families, scholarships assistance for college-bound youths, job counseling and placement help, and drug prevention programs, all impacting thousands of lives over the years.

In 2019, Reverend Suarez's focus has been to serve primarily at-risk youth through mentoring, drug and suicide prevention, academic assistance, leadership development, community service, and financial literacy. In 1990, President George H.W. Bush awarded Reverend Suarez with a Points of Light Award and in 1994 the News-Press named Reverend Suarez and his wife Ruth, the 'People of the Year'.

Every year, Reverend Suarez and Nations Association Charities provide an annual Thanksgiving meal distribution event, Christmas Celebration, and a "Back to Basics Health Fair" that provides free medical screenings to hundreds of families in our community.

I thank Reverend Suarez for his years of service to our community.

HONORING THE SERVICE OF COL. ANTHONY POLASHEK

## HON. COLLIN C. PETERSON

OF MINNESOTA

IN THE HOUSE OF REPRESENTATIVES  $Tuesday,\ October\ 29,\ 2019$ 

Mr. PETERSON. Madam Speaker, on November 2, Colonel Anthony G. Polashek is retiring from the 934th Airlift Wing at the Min-

neapolis-St. Paul International Airport Air Reserve Station in Minnesota after serving in the Air Force for 32 years. As Commander, he led the 1,500-member wing and supported our Armed Forces for resupply missions in forward areas and aeromedical and refugee evacuations. His command and leadership was critical in the defense of our country.

Col. Polashek graduated from Coe College in Cedar Rapids, Iowa before commissioning into the Air Force as a graduate of Officer Training School in Lackland Air Force Base, Texas. Col. Polashek served and was deployed to support operations including Operation Desert Shield/Storm and Operation Iraqi Freedom/Enduring Freedom. As a command pilot, he logged more than 5,800 flight hours including over 500 combat hours. He has received several prestigious awards for his service, including the Meritorious Service Medal and Aerial Achievement Medal.

Today, I urge lawmakers to join me in thanking Col. Polashek for his 32 years of service in the United States Air Force and wish him well in future endeavors.

## HONORING COLTEN MICHAEL PICKERAL

### HON. SAM GRAVES

OF MISSOURI

IN THE HOUSE OF REPRESENTATIVES

Tuesday, October 29, 2019

Mr. GRAVES of Missouri. Madam Speaker, I proudly pause to recognize Colten Michael Pickeral. Colten is a very special young man who has exemplified the finest qualities of citizenship and leadership by taking an active part in the Boy Scouts of America, Troop 87, and earning the most prestigious award of Eagle Scout.

Colten has been very active with his troop, participating in many scout activities. Over the many years Colten has been involved with scouting, he has not only earned numerous merit badges, but also the respect of his family, peers, and community. Most notably, Colten has contributed to his community through his Eagle Scout project. Colten inspected and restrung three swimming lane lines at the Cameron Aquatic Center in Cameron, Missouri.

Madam Speaker, I proudly ask you to join me in commending Colten Michael Pickeral for his accomplishments with the Boy Scouts of America and for his efforts put forth in achieving the highest distinction of Eagle Scout.

HONORING THE 25TH ANNIVER-SARY OF CHRIST CATHEDRAL BAPTIST CHURCH

### HON. RASHIDA TLAIB

OF MICHIGAN

IN THE HOUSE OF REPRESENTATIVES

Tuesday, October 29, 2019

Ms. TLAIB. Madam Speaker, I rise today in tribute to Christ Cathedral Baptist Church, a house of worship located in Detroit, Michigan, on the occasion of its twenty-fifth anniversary.

The members of Christ Cathedral Baptist Church first came together to worship in 1994. The congregation grew so quickly in its first year that they were forced to find a new wor-

ship space before settling at its current address on Hartford Street. No matter what location, the congregation was home wherever they could gather together for worship. It is evident in their mutual support for one another and commitment to serving the community's most vulnerable that the flock at Christ Cathedral Baptist Church is a family. For more than twenty years, the church has given back to the community by hosting meal services for those in need and ministering to people struggling with substance abuse. In short, the flock at Christ Cathedral has drawn strength from each other as they have come together to worship and celebrate, and they have used their strength in service to others.

Please join me in recognizing Christ Cathedral Baptist Church on this milestone as we wish them many more years of service to

# PAYING TRIBUTE TO THE HONORABLE JOHN CONYERS

SPEECH OF

#### HON. KAREN BASS

OF CALIFORNIA

IN THE HOUSE OF REPRESENTATIVES Monday, October 28, 2019

Ms. BASS. Mr. Speaker, I rise today to pay a special tribute to Congressman John Conyers. He was one of the 13 founding members of the Congressional Black Caucus (CBC). He served for 53 years in the U.S. House of Representatives—making him one of the longest-serving House members in U.S. history and the first African American to hold the title of dean.

Congressman John Conyers, Jr., was born in Detroit, Michigan, on May 16, 1929, the eldest of four sons of John and Lucille (Simpson) Conyers. Congressman Conyers attended Detroit public schools and graduated from Northwestern High School in 1947. After graduating from high school, Mr. Conyers served in the National Guard from (1948 to 1950) and then joined the U.S. Army for four years.

Congressman Conyers later attended officer candidate school and was commissioned as a second lieutenant. During his time in the Army, he served in Korea for a year. He was honorably discharged in 1954 and served three more years in the Army Reserves.

He was inspired by his friend Dr. Martin Luther King, Jr., to run for office and was elected to the House of Representatives in 1964. His first hire was civil rights hero Rosa Parks. She served as an aide to Mr. Conyers for 22 years from 1964 until she retired in 1988. During his time in Congress, Representative Conyers chaired the Government Oversight and Reform Committee (formerly the Government Operations Committee) and was the first African American to serve on the House Judiciary Committee and to become its chair.

As a human rights and civil rights champion, Mr. Conyers opposed the death penalty and fought for police brutality oversight. He was a lead co-sponsor of the Voting Rights Act of 1965. Mr. Conyers also assisted in passing the Help America Vote Act (2002), the Violence Against Women Act (1994), the Motor Voter Bill (1993), the Jazz Preservation Act (1987), and the Martin Luther King, Jr., Holiday Act (1983).

His legislative record extends to introducing the Medicare For All Act, legislation to establish a government-sponsored, single-payer